

Healthcare Challenges within Refugee Populations



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BRIDGE
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DIGNITY • HOPE • OPPORTUNITY

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Refugee

+

Patient

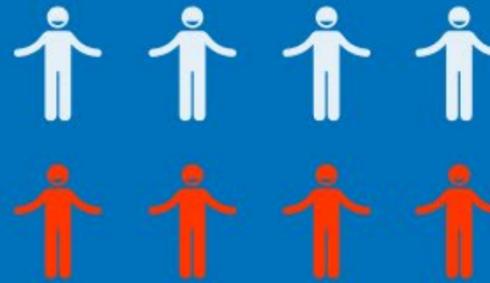
What is a Refugee?

A refugee is someone who is forced to leave their home country due to violence, war, or persecution (or the credible threat of persecution based on their ethnicity, religion, or political affiliation).



110 million

people forcibly displaced worldwide by May of 2023



2X

people displaced in 2013



35.3 million

refugees displaced across borders



76%

live in low- and middle-income countries



62.5 million

internally displaced people

58%



of all displaced



Worldwide Displacement in 2022

5.4 million

asylum seekers

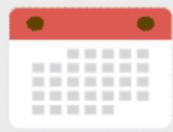


Refugee Resettlement at a Glance

brought to you by Catholic Charities, Diocese of Camden Refugee and Immigration Services



TWO WEEKS PRIOR TO ARRIVAL



DAY OF ARRIVAL



Receive word of a family's arrival date and size from the US Conference of Catholic Bishops and begin preparations. Contact any **friends or family members**.

Find an **apartment** at a fair market rate, in a safe neighborhood, with access to groceries, schools, transportation and services.

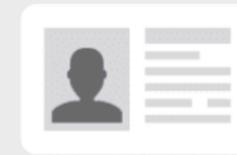
Furnish the apartment with all furniture and household supplies according to the family's size.

Pick up the family from the airport. An interpreter or someone who speaks their native language must be present.

Provide a **hot meal** the night of arrival and **groceries** to last a day. Make a follow-up **home visit** within 24 hours and take the family **grocery shopping**.

Cultural orientation begins on day one. Walk the family through emergency procedure and cultural norms the night of their arrival.

FIRST 10 DAYS



Arrange **job interviews** and ensure that the refugee secures employment.

Enroll children in **school** within **30 days**. Provide ongoing school support, including educating parents on the U.S. school system, interpretation at parent-teacher meetings, homework help and school supplies.

Enroll the family in **English (ESL) classes**. Most refugees arrive speaking little to no English. Provide **interpretation** for all appointments.

Help the refugees sign their **lease**, register their **mailbox**, and sign on to **utilities**. Teach them how to use public **transportation**. Provide information on **budgeting**.

Help the family apply for **social services** like cash assistance and food stamps. Obtain work documents: employment authorization and a **social security card**.

Arrange **medical appointments** for all family members and provide **transportation**. Children need vaccinations to begin school. Help the family apply for **health insurance**.

FIRST 90 DAYS AND BEYOND



Refugees must be self-sufficient within 90 days. After that their government assistance runs out.

Engage **donations and volunteers**. Connect the refugee with **community resources**.

Continue **cultural orientation** over the course of three official sessions and a final assessment. Cultural education and orientation should be ongoing with every interaction.

Provide **case management** to respond to any unmet needs. Make available **counseling services and support**.

Continue providing **ESL, transportation, medical case management, transportation, interpretation services, school support, immigration legal services, cultural orientation...**

Remain part of the refugees' community and a primary contact as any life situations arise. Refugees lack a support network when they arrive. We are the people they **trust**.

SUPPORT SERVICES: Up to 5 years (or more)

Learn more and get involved: CatholicCharitiesCamden.org/Refugee-Immigration

Healthcare Challenges

- Cultural Differences
- Language Barriers
- Health Literacy
- Navigation of the US healthcare system
- Financial insecurity
- Trauma/Mental Health



Healthcare Challenges Exercise

PCP Appointment

Hospital Stay

Emergency



Healthcare Challenges

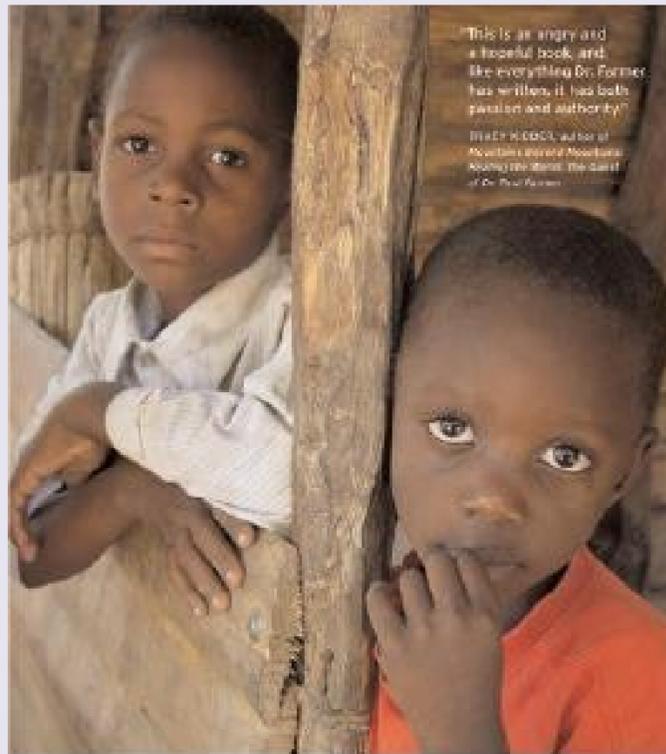
Language

Culture

Health
Literacy

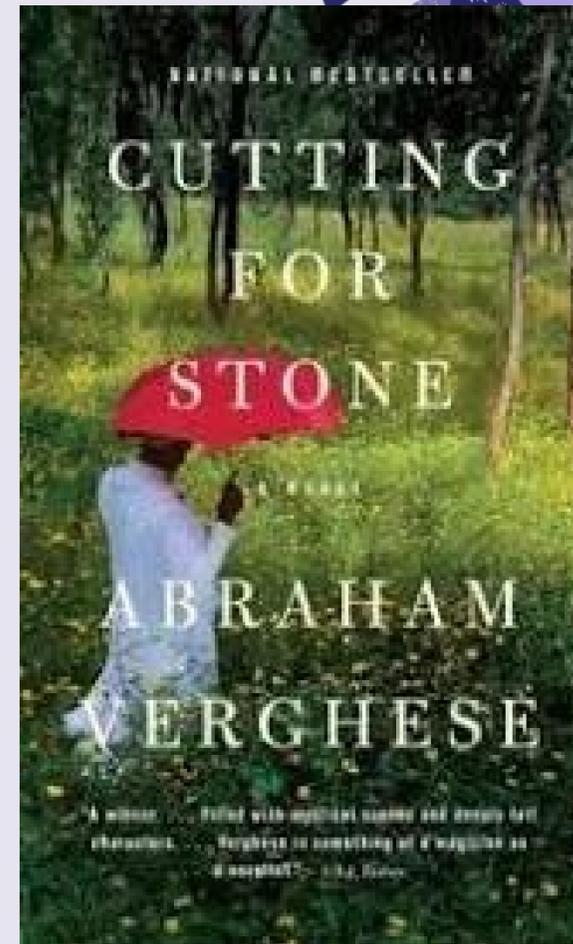
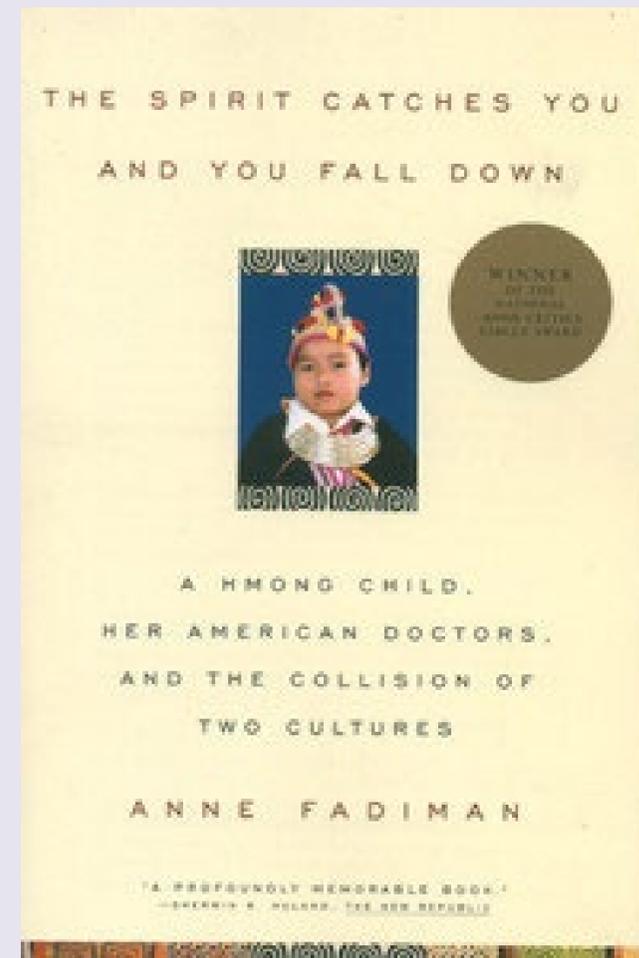
Trauma/
Mental Health

Book Recommendations



PATHOLOGIES OF POWER
HEALTH, HUMAN RIGHTS, AND THE NEW WAR ON THE POOR

PAUL FARMER WITH A NEW PREFACE BY THE AUTHOR
FOREWORD BY AMARTYA SEN



Questions?





Psychology Center

Thank you very much!



Presented by Sandra Haro

